BECAUSE EVERY BABY DESERVES A FIRST BIRTHDAY

The Safest Place for Your Baby to Sleep

is alongside your bed in his or her own separate space.

Create a safe sleep zone for your baby by:

- Always placing your baby on his/her back on a firm mattress covered with only a tight-fitting crib sheet
- Removing all soft, loose or fluffy bedding and other items from your baby's sleep space

Learn more about how to protect your baby from Sudden Infant Death Syndrome (SIDS), suffocation and accidents during sleep. **Call 1.800.221.7437 or visit www.firstcandle.org.**

First Candle

• Helping Babies Survive & Thrive •